

Organic Spray Tan Treatments

• Vita Liberata Spray Tan Products are AMAZING.

Vita Liberata is an Irish brand that has perfected its formulas to ensure no orange-y tint to your complexion, only a natural sun-kissed glow, which works well on even the fairest of complexions! You can even choose from 3 shades (Hawaii – light, Ecuador – medium, and Brazil – dark).

• The Formula is 80% Organic!

A refresher for all you non-bio majors: Your skin is your largest organ. What you put on your skin is also absorbed into the rest of your body. Vita Liberata is made with safe, organic ingredients - great news for you and your faux glow!

• Results last 7-10 Days.

Even if you've been studying for weeks and haven't seen much of sunlight, you can still get glowing, which will leave your study partners wondering what your secret is... Maintain your results longer by skipping the exfoliating routine and lathering up on the lotion.



Prep Steps for your Spray Tan

- Shower and exfoliate the day of your session.
- Do NOT apply lotions, butters, gels or cleansers that contain essential oils or moisturizers as they will acts as a barrier to the tan and reduce its effectiveness.
- Do NOT wear the following to your appointment:
 - o Makeup
 - Deodorant
 - Oily skin products
- Wear or bring loose, dark clothing.
- If you prefer to not be completely nude for your service, please bring dark colored swimwear or underwear to wear during your session.
- Hair removal (waxing/shaving) should be done no closer than 24 hours before your session.



Post Care Steps & Tips

- Your tan will develop within 4-8 hours of your session. To allow the maximum DHA development (AKA the best results), wait the following time period before showering:
 - Pale/hard to tan skin: 8-12 hours
 - Medium/sallow skin: 6-8 hours
- Wear loose, dark clothing to avoid transfer onto clothing. In warm weather, avoid wearing a bra. Keep skin covered to prevent transfer onto fabrics when sitting.
- For the first 4-8 hours:
 - Do NOT put hands in water or get the skin we this will affect the development of the tan.
 - Do NOT touch the skin with your hands as the bronzer will transfer to your palms.
 - Avoid exercise or activity that might cause sweating.
- Do not wax/shave for 24 hours following treatment as this removes layers of the skin and will remove the tan too.
- To maintain your tan:
 - Moisturize twice daily; avoid products that contain essential oils as oils can create a faster fade.
 - Your next tan can be applied between 5-10 days after your appointment.
 - Up your water intake.
 - Eat green leafy vegetable including kale, spinach, arugula, which are high in lysine, to prepare your skin for the best spray tan result.
 - Hormones, stress, exhaustion and any herbal or prescribed medication may affect your tan, so be aware of this when booking a spray tan appointment.

Questions? Email BTW@mercerbeautylab.com